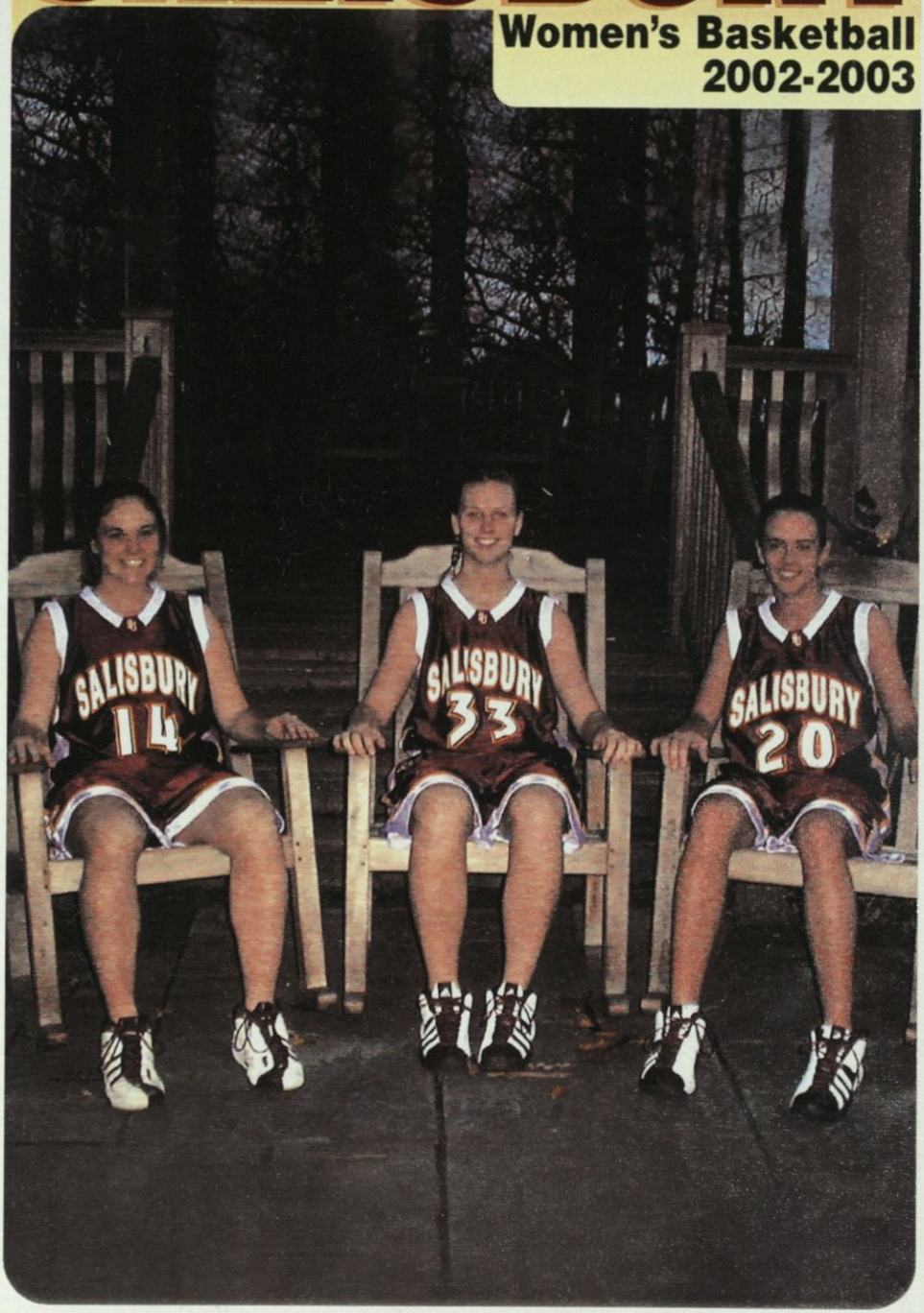
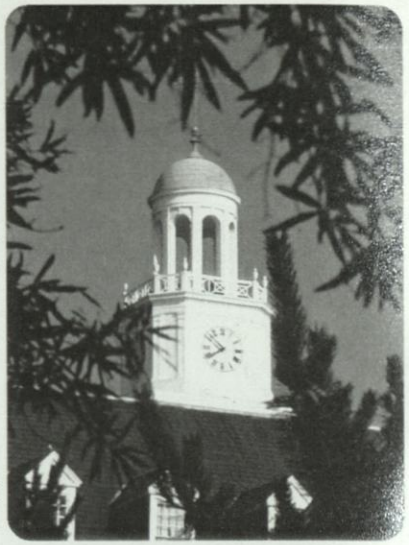
SALISBURY

Women's Basketball
2002-2003



SU AT A GLANCE



The resources of a University ...
6,600 students from 38 states and 37 foreign countries 40 undergraduate and 11 graduate programs 290 full-time faculty, 90 percent of tenure-track faculty have terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors. NCAA Division III Athletics, 9 men's, 10 women's intercollegiate teams; 19 intramural sports

... with small-school opportunities.
Approachable faculty
(17:1 student/faculty ratio)
Honors program with dedicated faculty at the Bellavance Honors Center. Ten residence complexes including traditional, co-ed, suite and apartment styles.

The security of state support ...
2002-03 tuition, room, board and fees: $11,154 per year for Maryland residents; $16,918 per year out-of-state.
A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SU awards some $1 million in academic scholarships each year. More than $24 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

In an ideal—and idyllic—location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.

Come see us—in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site. We're at **www.salisbury.edu.**

SU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 46 buildings on over 140 landscaped acres. Students walk from one end of campus to the other in about 5 minutes.

HEAD COACH BRIDGET BENSHETLER

Now in her 13th year as the Sea Gulls' head coach, **Bridget Benshetler** has guided the Salisbury University women's program to its greatest accomplishments. Under her leadership, the Gulls have registered eight consecutive winning seasons through 2002 and earned five invitations to the NCAA Championship Tournament. Benshetler's teams have averaged over 20 wins per year over the past four seasons, including back-to-back 24-victory campaigns in 2001 and 2002. The winningest coach in team history, Benshetler brings a career record of 192-124 into the 2002-03 season.

Benshetler guided the Sea Gulls to their first ever appearance in the NCAA Tournament in 1995. Salisbury returned to the NCAA Tournament for the fifth time overall and third consecutive year in 2002 after capturing the Capital Athletic Conference championship for the third straight season. Salisbury also made its first "Sweet 16" appearance in 2002. The Sea Gulls have registered consecutive 13-1 records during the past two CAC regular season campaigns and have advanced to the CAC Championship Game five times since joining the conference in 1994.

Benshetler has been named the CAC Coach of the Year three times, including back-to-back awards in 2000 and 2001. She also had six players recognized with postseason awards in the past two seasons, including the 2002 Player of the Year (Amy Campion) and Rookie of the Year (Pam Kenney).

The 2002 postseason awards continue a tradition of success for Benshetler's team. Ten players have received all-conference recognition in the past four years. More importantly, her teams have been consistently ranked among the top academic squads in the country. The 1999 team posted a cumulative team grade point average of 3.46, the 10th highest among all NCAA Division III teams in the nation that season. Last year's team registered a cumulative 3.37 grade point average.

Benshetler is a firm believer in teaching the fundamentals of the game and constantly stresses hard work, attitude and togetherness to her squads. The Texas native also works hard in the offseason to promote women's basketball throughout the Eastern Shore, giving time to several clinics and camps designed specifically for girls in the region. She is director of the popular NIKE Girls Basketball Camp on the Salisbury campus each summer.

Prior to taking the reins at Salisbury in 1990, Benshetler initiated and piloted the women's basketball program at Penn State University, Delaware County. She also served as an assistant at West Chester University.

Benshetler is a 1986 graduate of Hofstra (NY) University, where she was a four-year member of the basketball team. She later earned her M.S. in health and physical education from West Chester University in 1990. In addition to her duties as head coach, Benshetler also serves as an instructor in SU's Physical Education Department.

SEASON PREVIEW

Sea Gulls Have Lofty Goals, Expectations in 2002-03

Coming off back-to-back 24-win seasons, the Salisbury University women's basketball team begins the 2002-03 season with lofty goals and some high expectations. The Sea Gulls are highly ranked in two preseason polls, including 16th by d3hoops.com and 23rd by the *USA Today*/WBCA Division III Top 25 Coaches Poll. The Gulls have made three straight NCAA Tournament appearances and advanced to the "Sweet Sixteen" in last year's tournament for the first time in team history.

"We are very excited about this season," said Head Coach **Bridget Benshetler**, who was named Capital Athletic Conference (CAC) Coach of the Year last season. "It has seemed like one of the longest pre-seasons ever. We have a great team returning and they are ready to go out and play."

The Sea Gulls have eight returning players, led by senior guard **Amy Campion** (18.8 ppg, 9.2 rpg), the 2002 CAC Player of the Year and one of just 10 players selected to the national Kodak All-America first team last year. She led the conference in rebounds (9.2), assists (4.2) and steals (3.5), and finished second in scoring. Campion, who scored 540 points last year, begins the season needing 284 points to become the all-time scoring leader in SU history.

Sophomore forward **Pam Kenney** (13.1 ppg, 6.6 rpg), who started 26 of 29 games as a freshman and earned the conference's Rookie of the Year Award, headlines the frontcourt returnees. Kenney tallied six double-double games last year while leading the Sea Gulls in scoring six times.

Freshman guard **Christen Barney**, sophomore guard **Gen Olds** (4.4 ppg) and sophomore center **Annemarie Ricks** (3.3 ppg) will comprise the other starters. Sophomore guards **Cyndi Benjamin** (4.5 ppg) and **Stephanie Szkaradnik** (3.6 ppg), along with freshman forward **Mary Olds**, will play integral roles coming off the bench.

"Everyone on the team is going to contribute," said Benshetler. "Chemistry is our greatest strength. We have a lot of talent and we play consistently at a very high level."

The CAC schedule will again present a big challenge for the Sea Gulls throughout the regular season. Salisbury posted a 13-1 conference record last season and won its third straight conference championship. "The CAC is a very good basketball conference and every team is going to be tough," said Benshetler. "We have to start all over again. Everyone is going to want to knock off the champs."

Sea Gull Notes

Already the winningest coach in the program's 49-year history, Benshetler needs eight victories to reach the 200-victory milestone... The Sea Gulls have posted eight straight winning seasons and have won 32 of their last 34 CAC games, including the tournament, over the past two seasons...Salisbury led the conference in both scoring average (72.2 ppg) and rebounding (47.0 rpg) last year...SU also enjoyed winning streaks of nine and eight games during the 2001-02 campaign.

The 2002-03 assistant coaches, pictured left to right behind Head Coach Bridget Benshetler, are Calvin Burrell, Elisabeth Barfuss and Kelly Whitmore. Not pictured: Karen Chelf.

PLAYERS TO WATCH

Amy Campion
Senior - Guard
Bowie, MD

A returning all-American who was one of just 10 players named to the Kodak All-America first team in 2002...Also recognized as the Capital Athletic Conference's Player of the Year in 2002...Led the CAC in rebounds (9.2), assists (4.2) and steals (3.5) last year, and finished second in scoring (18.6 ppg)... Begins her senior season needing 284 points to become the all-time scoring leader in SU history...Already ranks among SU's all-time leaders in points (9th), rebounds (7th) and assists (5th)...Was recognized as CAC's Rookie of the Year in 2000 and a second team all-conference player in 2001...Has started all 85 games in her career...Serving her second season as a team captain in 2002-03.

Pam Kenney
Sophomore - Forward
Clarksburg, MD

Made an immediate impact as a freshman last season by averaging 13.2 ppg and 6.6 rpg...Was selected as the CAC's Rookie of the Year and also named to the all-conference second team...Started 26 of 29 games as a freshman and tallied six double-double games...Also led the Sea Gulls in scoring six times...Scored a career-high 27 points against Widener in the Optimist Classic championship game...A versatile player with outstanding skills as a scorer and defender...Will serve as one of the anchors on the frontline for Salisbury again in 2002-03.

Gen Olds
Sophomore - Guard
Ellicott City, MD

A returning starter who played in all 29 games as a freshman...Averaged 4.4 ppg and 3.0 rebounds...Also finished third on the team in both assists (57) and steals (42)...Scored a career-high of 11 points vs Mary Washington in January and tallied a career-high of four steals in February victory over Gallaudet...An excellent perimeter defender with outstanding quickness...Will likely finish among the conference leaders in assists and steals again this season.

Mary Olds
Freshman - Guard
Ellicott City, MD

A first year player who will likely serve as a starter or top reserve this season...A smart player who offers immediate defensive help as well as another inside scoring threat...Has the ability to provide solid perimeter defense as well as post defensive help and rebounding...Runs the floor well, displays good quickness and the ability to score in the post.

Annemarie Rickes
Sophomore - Forward
Latham, NY

Played in all 29 games as a freshman last year while starting 10 times...Likely to move into the starting lineup on a regular basis this season...Averaged 3.3 ppg and 2.9 rpg last season...Should significantly increase on those numbers this season...Provides the Gulls with another inside scoring option while also providing consistent rebounding help...Displays a soft shooting touch around the basket...Will serve as one of the key frontcourt players for the Sea Gulls.

2002-03 SEA GULL ROSTER

No	Name	Pos	Yr	Hgt	Hometown	High School
4	Christen Barney	G	Fr	5-4	Runnemede, NJ	Overbrook
10	Cyndi Benjamin	G	So	5-8	Thurmont, MD	Catoctin
11	Stephanie Szkaradnik	G	So	5-9	New Bern, NC	New Bern
14	Lexa Turner	G	Sr	5-7	Enola, PA	East Pennsboro
20	Kristin Tucker	G	Sr	5-8	Waldorf, MD	Westlake
22	Stephanie Ellis	G	Jr	5-8	Indian Head, MD	Lawton
24	Mary Olds	F	Fr	5-10	Ellicott City, MD	Seton Keough
25	Gen Olds	G	So	5-8	Ellicott City, MD	Seton Keough
32	Kiera Watkins	F	Fr	5-11	Springfield, VA	Lake Braddock
33	Amy Campion	G	Sr	6-0	Bowie, MD	Arch. Spalding
45	Annemarie Rickes	C	So	5-11	Latham, NY	Shaker
50	Pam Kenney	F	So	6-0	Clarksburg, MD	Urbana

Head Coach—Bridget Benshetler (13th year)
Assistants—Calvin Burrell, Kelly Whitmore, Elisabeth Barfuss, Karen Chelf
Managers—Debbie Deridder, Jesse Deridder
Captains—Amy Campion, Kristin Tucker

SEA GULL QUICK FACTS

Location	Salisbury, Maryland 21801
Founded	1925
Enrollment	6,600
President	Dr. Janet Dudley-Eshbach
Colors	Maroon and Gold
Nickname	Sea Gulls
Affiliation	NCAA Division III
Conference	Capital Athletic Conference
Home Arena	Maggs Center
Capacity	2,000
Athletic Director	Dr. Michael P. Vienna
Athletic Dept. Phone	410-548-3503
Sports Info. Director	Paul Ohanian
SID Phone	410-543-6016
SID Fax	410-677-5025
Head Coach	Bridget Benshetler
Alma Mater	Hofstra '86
Record at School, Yrs.	192-124 (13th year)
Overall Record	(Same)
Coach's Phone	410-543-6003
Coach's Fax	410-546-2639
Coach's email	babenshetler@salisbury.edu
Assistant Coaches	Calvin Burrell, Kelly Whitmore, Elisabeth Barfuss, Karen Chelf
2001-02 Record	24-5 (13-1, CAC Champions)
2002-03 Team Captains	Amy Campion, Kristin Tucker

TEAM RECORDS - SINGLE GAME

Most Points Scored	109 vs Coppin State	12-6-74
Fewest Points Allowed	12 vs Coppin State	12-6-74
(before 1974)	0 vs Villa Julie	3-3-62
Largest Margin of Victory	97 points vs Coppin State	12-6-74
Fewest Points Scored	33 vs Towson State	1-24-78
(before 1974)	12 vs Bridgewater	2-12-65
Most Field Goals Made	50 vs Coppin State	12-6-74
Best Field Goal Percentage	.621 vs Stockton State	2-22-86
Most Free Throws Made	36 vs Wesley	1-19-98
Most Free Throws Attempted	49 vs Catholic	3-1-85
Best Free Throw Percentage	1.000 (6-6) vs Catholic	1-10-01
	.917 (11-12) vs Stockton State	2-22-86
Most 3-Point Field Goals Made	10 vs. West Chester	2-4-92
Most 3-Point Field Goals Attempted	34 vs York (PA)	2-21-89
Best 3-Point FG Percentage	750 (6-8) vs Lebanon Valley	12-3-89
Most Rebounds	77 vs. Jersey City State	11-24-91
Most Assists	32 vs. Rutgers-Camden	2-19-86
Most Steals	39 vs. Jersey City State	11-24-91
Most Blocked Shots	13 vs. Gallaudet	1-16-02

THE RECORDBOOK

Individual Records

Most Points

Game	40	Jessica Latour vs. Gallaudet	2-26-97
	40	Dawn Webb vs. Shenandoah	1-28-89
Season	597	Dawn Webb	1988-89
Career	1,540	Lisa Neylan	1997-01

Most Rebounds

Game	32	Kim Roth vs. Lynchburg	12-16-93
Season	480	Dawn Webb	1988-89
Career	1,329	Kim Roth	1991-95

Most Assists

Game	16	Amy Cooke vs. Catholic	2-17-99
Season	218	Amy Cooke	1998-99
Career	731	Amy Cooke	1995-99

Most Field Goals Made

Game	17	Josie Harper vs. UMES	1-18-83
Season	239	Dawn Webb	1988-89
Career	651	Lisa Neylan	1997-01

Most Free Throws Made

Game	14	Jessica Latour vs. Wesley	1-19-98
	14	Sarah Jones vs. Kean	1-7-94
Season	118	Dawn Webb	1988-89
Career	326	Dawn Webb	1988-89

Most Three-Point Field Goals Made

Game	7	Gini McDowell vs. West Chester	2-3-92
	7	Jen Boone vs. Cabrini	1-25-92
Season	50	Sandy Jankevicius	1989-90
Career	108	Amy Cooke	1995-99

Most Steals

Game	12	Vicki Miller vs. Shenandoh	1-16-91
	12	Jeannie Daly vs. Jersey City State (championship game)	11-24-91
Season	144	Vicki Miller	1990-91
Career	368	Vicki Miller	1987-91

Career Leaders
through 2002 season

Scoring

1. Lisa Neylan	1997-01	1,540
2. Dawn Webb	1985-89	1,503
3. Elisabeth Barfuss	1997-01	1,483
4. Amy Fenzel	1991-96	1,477
5. Kim Fiedler	1983-87	1,456
6. Myra Sturgis	1984-88	1,394
7. Josie Harper	1979-83	1,293
Kim Roth	1991-95	1,293
9. Amy Campion	1999-02	1,257
10. Jen Boone	1989-93	1,210
11. Sandy Jankevicius	1986-90	1,198
12. Jessica Latour	1996-99	1,188
13. Gail Tatterson	1973-77	1,168
14. Amy Cooke	1995-99	1,138

Rebounds

1. Kim Roth	1991-95	1,329
2. Dawn Webb	1985-89	1,254
3. Lisa Neylan	1997-01	1,043
4. Amy Fenzel	1991-96	991
5. Josie Harper	1979-83	914
6. Myra Sturgis	1984-88	839
7. Amy Campion	1999-02	690
8. Elisabeth Barfuss	1997-01	591

Assists

1. Amy Cooke	1995-99	731
2. Diana DeJesus	1982-86	554
3. Vicki Miller	1987-91	418
4. Elisabeth Barfuss	1997-01	357
5. Amy Campion	1999-02	328
6. Sandy Jankevicius	1986-90	293
7. Dominique Lisa	1995-97	279
8. Jaime Kohlenstein	1998-02	254

CAPITAL ATHLETIC CONFERENCE

2002-03 SEA GULL SCHEDULE

Date	Opponent	Time
Nov. 2-24	MARYMOUNT TOURNAMENT	3 p.m.
Nov. 26	@Cabrini	6 p.m.
Dec. 4	@Catholic *	6 p.m.
Dec. 6-7	**SALISBURY OPTIMIST CLASSIC**	
	Waynesburg vs. Newport News	**1 p.m.**
	Salisbury vs. Lehman	**6 p.m.**
	Consolation and Championship	**1/6 p.m.**
Dec. 9	**College of New Jersey**	**5:30 p.m.**
Jan. 3-4	CHRISTOPHER NEWPORT TOURNAMENT	
	Salisbury vs. Wheaton	Noon
	Consolation & Championship Games	Noon/2 p.m.
Jan. 6	@Rutgers-Camden	6 p.m.
Jan. 11	@St. Mary's *	2 p.m.
Jan. 15	**Gallaudet ***	**5:30 p.m.**
Jan. 18	@York *	4 p.m.
Jan. 20	**Richard Stockton**	**5:30 p.m.**
Jan. 22	@Goucher *	6 p.m.
Jan. 25	**Mary Washington ***	**2 p.m.**
Jan. 29	**Marymount ***	**5:30 p.m.**
Feb. 1	**St. Mary's ***	**2 p.m.**
Feb. 5	**Catholic * (Coaches vs. Cancer)**	**5:30 p.m.**
Feb. 8	**York ***	2 p.m.
Feb. 12	@Gallaudet *	6 p.m.
Feb. 15	**Goucher * (Alumni Game)**	**5:30 p.m.**
Feb. 19	@Marymount *	6 p.m.
Feb. 22	@Mary Washington *	2 p.m.
Feb. 25	CAC Tournament Quarterfinals	TBA
Feb. 27	CAC Tournament Semifinals	TBA
March 1	CAC Tournament Championship	TBA

* Capital Athletic Conference game **Bold**=Home Games

(Cover Photo) The 2002-03 seniors (l-r): Lexa Turner, Amy Campion and Kristin Tucker

SU'S ATHLETICS PHILOSOPHY

Salisbury University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 21 intercollegiate sports for men and women. In addition to NCAA membership, SU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.

- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.

- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.

- SU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

NCAA®

Salisbury
UNIVERSITY

Department of Intercolligiate Athletics
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Salisbury, MD 21801-6860